

## Online training

### MHPOD

Available to professionals working in public mental health. Includes a module on Dual Disability developed by the VDDS.

Register at the contacts page section of the MHPOD website: [www.mhpod.gov.au](http://www.mhpod.gov.au)

### Intellectual disability mental health e-learning

3DN provides Learning about intellectual disability to professionals, carers, and consumers.

Please see link to their website and training: <http://www.idhealtheducation.edu.au/>

### Intellectual Disability Healthcare

This XSeries Program has been designed to influence, empower and educate a wider population to improve the health and healthcare of people with intellectual disability.

Please see link to their website and training: [www.edx.org/xseries/intellectual-disability-healthcare](http://www.edx.org/xseries/intellectual-disability-healthcare)



### How to contact us

Anyone can contact us for advice or for more information on our service.

You can call us between

**8.30-5.00pm Monday to Friday  
on (03) 9231 1988**

You can email the VDDS on  
**[vdds@svha.org.au](mailto:vdds@svha.org.au)**



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# The Victorian Dual Disability Service (VDDS)

Information brochure for professionals



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# About the Victorian Dual Disability Service

A statewide specialist adult mental health advisory service for people with autism or intellectual disability.

## About us

The VDDS is part of Victoria's Mental Health sector and aims to promote equitable access to mental health care for people with a dual disability (developmental disability and mental health problem).

The VDDS provides advice to professional staff working within the mental health and disability sector.

The VDDS:

- Provides secondary consultation to staff working in Victoria about their consumers aged 16 plus who have intellectual disability and/or autism and a mental health problem.
- Promotes access to Victorian Area Mental Health Services for consumers with a dual disability.
- Facilitates partnerships and collaborative treatment planning through consultation and liaison.
- The VDDS does not provide cognitive or neuropsychological assessment

## Model of care

### Triage

Telephone referral is preferred. Intake calls can be made to the VDDS during business hours of 8.30-5.00pm Monday to Friday by calling 03 9231 1988. Written or faxed referrals are accepted but a VDDS clinician will follow up by telephone.

### Clinical activities

Telephone advice for anyone with concerns about a person with a known or suspected dual disability.

Mental health assessment, and consultation on treatment and management

1. At the request of clinicians from area mental health services for consumers in receipt of active support from that service.
2. NDIS participants with intellectual disability who have a known or suspected mental health problem or who require specialist assessment).
3. Review of consumers previously assessed by the VDDS
4. Extended consultation for AMHS or NDIS service providers in relation to people with dual disability and complex needs.

## Education and training activities

The VDDS aims to:

- Increase the knowledge of mental health clinicians and disability service providers about developmental disability mental health.
- Promote greater awareness of dual disability.
- The VDDS develops and delivers online and face to face education and training including webinars and workshops. Details can be found on the Professionals training page on our website [www.vdds.org](http://www.vdds.org).
- Additional training activities, including case based, locally delivered or for individual teams, can be developed and provided on request by calling us on 03 9231 1988.